



CORE VALUES – MATRIX (HOW)

CAPITALS CORE VALUES (Guide our Coaching Decisions)	ATHLETE OUTCOMES (Coaching Objectives: What We Achieve with our People)	SELECTION CRITERIA (Team Selection Policy)	PERFORMANCE THEMES (What "It All" Looks Like - How We Behave)
CHARACTER <ul style="list-style-type: none"> - Performance Skills (Individual) - Relational Skill (Team) 	CHARACTER <ul style="list-style-type: none"> - Moral development & Sportsmanship 	5.1 CHARACTER	<i>A Player that can handle adversity. An assertive Player A Player in obviously great physical condition (committed)</i>
TEAM FIRST	CONNECTION <ul style="list-style-type: none"> - Tied to basic psychological need. - Importance of connection with significant others (i.e., peers, coaches) in contributing to wellbeing. 	5.2 SKILL & TALENT 5.5 A BALANCED TEAM	<i>A flexible team A "WE" Player A great defensive team</i>
NEVER GIVE UP	COMPETENCE <ul style="list-style-type: none"> - Tied to basic psychological need. - Greater Intrinsic Motivation - Higher levels of Achievement & Joy 	5.1 CHARACTER 5.2 SKILL & TALENT 5.3 ATHLETICISM 5.4 RELATIVE PERFORMANCES	<i>A Player that plays with relentless persistence A great defensive team</i>
NEXT PLAY	CONFIDENCE <ul style="list-style-type: none"> - The degree of certainty individuals possess about their ability to be successful 	5.1 CHARACTER 5.2 SKILL & TALENT 5.4 RELATIVE PERFORMANCES	<i>A Player that can handle adversity. A Player that plays with relentless persistence A flexible team</i>